Biophysical properties of cells for cancer diagnosis

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A R T I C L E   I N   P R E S S

A B S T R A C T

Biophysical properties associated with the microenvironment of a tumor has been recognized as an important modulator for cell behaviour and function. Particularly, tissue rigidity is important during tumor carcinogenesis as it affects the tumor’s ability to metastasize. Multiple downstream pathways are affected with a difference in rigidity of the extracellular matrix. The insight into tumor mechanosignalling represents a promising field that may lead to novel approaches for cancer diagnostics. Measurement of rigidity of the extracellular matrix or the tissue is a potential diagnostics approach for cancer detection. Altered extracellular matrix states persist for a long period of time and have lower heterogeneity compared to protein or genetic markers, therefore are more reliable as biomarkers. On the other hand, measurement of different kinase associated proteins or transcripts provide an early insight into potential transition of cells towards metastasis. Co-localization of transcriptional factors like YAP/TAZ provide an insight to determine if the cells are undergoing metastatic changes. This review explains the unique biophysical properties of the tumor microenvironment that present the potential targets for the diagnosis of cancer.

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1. Introduction

Cancer is the second leading cause of mortality in the world and is expected to overtake cardiovascular diseases soon. Due to difficulties with early clinical and histological diagnosis, and the lack of suitable molecular markers for accurate treatments, the death rate from cancer has been increasing (Ferlay et al., 2013). Only few patients die directly from the primary tumors. However, the cancer becomes very difficult to manage once it has metastasised. About 90% of metastatic cancers are terminal. Metastasis is caused by the migration of cancer cells into a new tissue. The process may occur either through nearby tissues through extracellular matrix (ECM) or far via blood or lymph to distant tissues (Fidler, 1975) like bones, brain, liver, and lungs (Martin et al., 2000–2013). The secondary tumor in the new location is invariably different in both molecular and genetic structure in comparison to the primary tumor source. The metastatic cells are also known as circulating tumor cells (CTCs). CTCs hold information about the tumor type, its evolution, and heterogeneity and hence can serve as potential diagnostic markers (Krebs et al., 2016). On the other hand, cells migrating through neighboring tissues provide critical information on mechanobiology. During the migration process, these cells change the morphology and exert pressure to the surrounding cells. The stiffness of the cells and the tumor’s microenvironment can regulate and potentiate its invasiveness (Kurniawan et al., 2016; Quail and Joyce, 2013).

Over the last few decades, cancer research has placed a significant focus on extracellular and intracellular biochemical signals in proliferation, invasion, and metastasis of cancer cells. In recent years, tumor mechanics and especially tissue rigidity has been considered as a crucial aspect of tumor progression and metastasis (Chaudhuri et al., 2018; Jaalouk and Lammerding, 2009; Wei and Yang, 2016; Yousafzai et al., 2017). To quantify the stiffness of the cancer cell, Young’s modulus provides the quantitative measure of elastic properties and indicates the correlation between cell deformability and cell malignancy (Seyedpour et al., 2015; Sun et al., 2016; Xu et al., 2012). The recent study by Zhou et al. reported that nanoindentation measuring stiffness could be a biomarker for cancer (Zhou et al., 2017). Tumors are often stiffer than neighboring tissue. In soft tissues such as breast and abdomen, the stiffness of tumors is the base of clinical diagnosis and also act as a foundation for detection with imaging techniques such as MRI (Fass, 2008). The tissue of breast cancer tumor can be ten times stiffer than the normal breast tissue, and increased breast density is seen in 30% of breast tumors (Lu et al., 2012). The stiffness-sensing capability of cancer and stromal cells influence cell survival and proliferation and provide new insights so that researchers are able to develop diagnostic methods for cancer formation (Zhang et al., 2018). These diagnostic techniques have
the advantage of explaining both mechanical and molecular mechanisms (see Fig. 1).

Cells sense the changes in their surrounding and transduce physical to biochemical signals, which helps to control the function, biochemical changes and gene expression (Chin et al., 2016). The physical changes in tumor tissue correlate with the biological process inside the cancerous cells (Bao and Suresh, 2003). Increasing cell stiffness activate the integrins, which are transmembrane proteins serving as adhesive in ECM. The activated integrins trigger a biological chain of reactions that decrease cell contractility (Aoudjit and Vuori, 2012; Desgroiseller and Cheres, 2010). This process, in turn, provides a feedback mechanism for increasing ECM stiffness. The autocrine loop of ECM stiffness and integrin activation provides an interaction between the mechanical force on the cell and its biological processes (Huang and Ingber, 2005; Ross et al., 2013).

Cellular mechanotransduction is a process that converts mechanical signals into biochemically relevant information through a series of cellular processes (Alonso and Goldmann, 2016). The mechanical properties of cell environment affect the cell differentiation, growth, locomotion, and development (Engler et al., 2006; Rajagopalan and Saff, 2011; Yeung et al., 2005). Cells sense and exert forces on their environment, which comprise of the ECM and the basement membranes, as well as other neighboring cells. Several generated forces are concentrated at the adhesion points between cells and the ECM, or at homotypic cell-cell adhesion. Thus, the conversion of physical stimuli into intracellular biochemical signalling or mechanotransduction should occur within the multi-protein complexes at these adhesion sites (Wang and Thampattiy, 2006). The possible mechanosensors include integrins, mechanosensitive ion channels, and stretch sensitive focal adhesions proteins.

The difference in the cellular mechanical properties provides an indicator of the existence and state of the disease. Changes in a cancer cell from the point of initiation of a tumor to its spread to other parts of the body are observed as a promising biomarker for detection of metastatic potential of these cancer cells. Also, altered ECM condition such as increased stiffness persist for a long period of time and have lower heterogeneity compared to protein or genetic markers, therefore being more reliable biomarkers. Currently available technologies that can detect cancer and metastasis based on biophysical cues are magnetic resonance elastography, ultrasound elastography, cell-based sensors, and atomic force microscopy (Carlsen et al., 2015; Darling et al., 2007; Pepin et al., 2015). Although the stiffness of tissue is utilized as a basis of differentiation for tools like MRI, there are no evidence that the biochemical changes that occur between a healthy cell and a cancer cell. Finally, a perspective is given for the potential use of cues from biophysical processes as diagnostic markers.

2. Cellular biology background

2.1. Extracellular matrix (ECM) and integrins

Tissues and organs are formed by cells embedded in an extracellular matrix. Cells within a tissue establish the ECM, maintain its health, alter it during adaptations and also repair it in response to disease and wound (Humphrey et al., 2014). ECM not only contributes to binding cells together but also provides the physical scaffold for their growth, influencing their migration, differentiation, survival, homeostasis, and morphogenesis (Bonnans et al., 2014). Different types of proteins and polysaccharides are found that are locally secreted form the matrix by organizing into a meshwork within the cell surface. The ECM consists of polysaccharide chains of repeating disaccharide units termed of glycosaminoglycans (GAGs). These are generally found to be linked to proteoglycans by covalent bonding and structural and specialized proteins such as collagen, fibrillins, elastin, fibronectin, and laminin (Mouw et al., 2014). Cells react to the mechanical and biochemical changes in ECM through the crosstalk between integrins and the actin cytoskeleton, to form the ECM architecture (Kim et al., 2011).

The close connection between cells and their supporting matrix is operated by the cell-matrix receptors. The cells organize the matrix and the matrix, in turn, influence cell fate through the exchange of mechanical signals from the matrix to the cytoskeleton and vice versa. The interacting point between cells and their ECM is called the focal adhesion point. Cell sense their environment using specific receptors and respond to mechanical cues and induce biochemical signals from the ECM. This sensing process is a combination of mechanical and chemical systems like adhesion via integrins, focal points, molecular motors, and the cytoskeletal network. Therefore, when a disease such as cancer occurs, the ECM is strongly involved (Clause and Barker, 2013; Ingber, 2008; Kumar and Weaver, 2009; Rozario and DeSimone, 2010).

Integrins are the family of adhesion proteins that regulates adhesion, progression, and invasion of cancer cells. Integrins bind directly to the focal adhesion points in ECM providing the traction for motility and invasion of cancer (Fig. 2). Integrin bridges two neighboring cells and triggers intracellular signalling. Two common receptors activated by integrin are the cytokine receptors and the growth factor receptors. The communication between the growth factor receptors and integrin leads to the hypothesis that the crosstalk between these receptors is necessary for tumor growth and invasion. They are also involved on tumor cell invasion by regulating the localisation and function of matrix-degrading proteases, for example, metalloprotease 2 and urokinase-type plasminogen activator (Ata and Antonescu, 2017; Elceire, 2001).

After the binding of ligands, integrins form clusters on the cell surface at focal adhesion points and serve as the origin for signal transduction from the ECM to intracellular signalling pathways. Although integrins do not possess any kinase activity, they are capable of recruiting various kinases, such as focal adhesion kinases (FAKs), integrin-linked kinase (ILK) and Src family kinases (SFKs). These proteins play an active role in processes such as migration of cells, activation of Rho-GTPases, cross talk of integrins with growth factor and overturning the cellular adhesion (Sranchai and Zent, 2010; Wozniak et al., 2004). The Rho GTPase contribute to many steps in cancer progression including invasion, proliferation, dodging apoptosis, and metastasis. In cell mechanics, Rho stimulates cellular contractility by activating Rho-associated kinase (ROCK) (Parri and Chiarugi, 2010; Totsukawa et al., 2000).

![Fig. 1. A graphical representation of the overall concept of the review article.](https://doi.org/10.1016/j.jbiomech.2019.02.006)
Rho regulates the secretion of soluble matrix metalloproteinases (MMPs) like lysophosphatidic acid and transforms growth factor beta (TGF-β) in the tumor cells, which in turn facilitate matrix remodelling (Kumar and Weaver, 2009; Parri and Chiarugi, 2010). A typical example is the formation of cancer-associated fibroblasts (CAFs) where secreted MMPs promotes remodelling of stromal fibroblast. The isometric tension exerted on these fibroblasts enhances matrix stiffening, that triggers the formation of stress fiber and integrin-mediated activation of SFK at focal points. The increase of Src signalling then promotes the nuclear accumulation of the Yes-associated protein YAP and the transcriptional co-activator TAZ, which in turn increases expression of actin modulating proteins and stabilizing actinomyosin proteins. This “continuous positive feedback loop” promotes ECM stiffening that in turn facilitates the conversion of stromal fibroblast to cancer-associated fibroblasts (Calvo et al., 2013; Katsumi et al., 2004; Ross et al., 2013).

2.2. Cell stiffness in cancer

The spread of cells is determined by the change in the stiffness of the cell. Cellular stiffness as a biomarker of relative metastatic...
potential has been demonstrated in ovarian cancer (Xu et al., 2012), breast cancer (Parikh et al., 2018) and prostate cancer (Reid et al., 2017). When a cell transforms from a normal mature cell to an immortal cancer cell, the cytoskeleton transforms into a more irregular state from a rigid structure. The changes on the cytoskeleton are evident as malignant cells replicate more and are very motile; which is usually inhibited by a rigid cytoskeleton. Considering this fact, the changes in the cytoskeleton would generally reflect the overall mechanical properties of the cell. Thus, measuring the cellular rigidity provides information to differentiate as a normal or a cancerous cell, and is potentially a new biological marker. Differential sorting of these cells has also demonstrated the response to therapy where stiff cells are more sensitive to chemotherapy compared to softer cells (Islam et al., 2018).

Multiple techniques have been used to probe the mechanical properties of cancer cells. Most cell stretching approaches include the use of laser/ optical tweezers, mechanical microplate stretcher, microfluidic platform and micropipette aspiration (Bao and Suresh, 2003; Suresh, 2007). A microfluidic cell stretching platform was used for studying the effects of exerted stress on prostatic normal tissue-associated fibroblasts, where the authors noted that the mechanical force leads to the alignment of fibronectin secreted from stretched normal tissue-associated fibroblasts (Berrueta et al., 2018). Furthermore, Swaminathan et al. used magnetic tweezers to demonstrate an inverse power-law relationship between cancer cell invasion and cell stiffness, providing the correlation between mechanical properties of cancer cells and their metastatic potential. More invasive cancer cells show softer mechanical characteristics, which cause cell deformation and shape changes suitable for a metastatic population (Swaminathan et al., 2011). Zhang et al. reported a novel method to measure the mechanical properties of cancer cells, which could be one of the criteria for determining whether the tissue contains lesions at the single cell level (Zhang et al., 2016). This technique could potentially be important for early prevention and accurate diagnosis of diseases.

2.3. Hippo pathway and role of YAP/TAZ in cancer

The Hippo signal pathway (Fig. 2) has been identified for the first time in Drosophila melanogaster, controlling the size of the organ through mechanisms like cell proliferation and apoptosis (Gateff, 1978; Xu et al., 1995). This signal pathway plays a vital role in the behavior of stem cells; controlling the growth, the suppression and the regeneration of organ, and of potentially carcinogenesis (Gaspar and Tapon, 2014). The core of the mammalian Hippo pathway consists of a kinase cascade, transcription coactivators, and their DNA-binding partners. The two kinases, namely mammalian Ste20-like kinases (MST) and large tumor suppressor kinase (LATS), control the activity of these two closely related transcriptional co-activators, the YAP and TAZ through phosphorylation at a specific site, which is Serine residue in the amino-terminal region of YAP-TAZ.

The transcriptional co-activators YAP/TAZ are responsible for biomechanical answer to cell shape and ECM elasticity (Totaro et al., 2018). YAP and TAZ nuclear localization are regulated by mechanical cues that include cell-cell adhesion, and cell mechanosensing of ECM physical properties or stretching. The function of YAP/TAZ is necessary for the regulation of cell proliferation, differentiation, stem cell function, and organ size. Current interest in the molecular biology of YAP/TAZ has gained momentum through the realization that YAP/TAZ is highly active within human tumors (Warren et al., 2018). Some mouse models have indicated that the inactivation of YAP/TAZ in adult organs such as breast (Chen et al., 2014), intestine (Gai et al., 2010) and pancreas (Zhang et al., 2014) increase the emergence or progression of tumors (Azzolin et al., 2014; Harvey et al., 2013; Zanconato et al., 2016a).

3. Cellular mechanotransduction

Direct interactions between cells themselves, and cells and the ECM, are critical to the development and function of multicellular organisms (Khalili and Ahmad, 2015). The key cell surface receptors involved during the attachment of cells to the ECM are integrins. Integrins are the main receptors connecting the cytoskeleton to ECM have a close relation to external force and transmit generated mechanical stresses across the plasma membrane. Apart from providing structural stability, integrins also serve as receptors for intracellular signalling pathways. Many actions like cell adhesion, gene expression and response to triggers are mediated by integrins. (Geiger and Yamada, 2011). As mentioned earlier, the nonreceptor protein-tyrosine kinase called FAK plays an important role in integrin signalling. Along with FAK, nonreceptor protein-tyrosine kinases are also involved in signalling via integrin and focal adhesion points. (Matsui et al., 2012). They simultaneously act for signalling via integrin receptors (Jansen et al., 2015). As integrins also regulate the signalling pathways, they are capable of signal transduction from physical signals to chemical signals (Katsumi et al., 2004). Invasion by tumor cells is mediated by integrins and ECM attachment (Ganguly et al., 2013).

Integrins are the primary receptors connecting the cytoskeleton with the ECM, making them the bridge to transmit forces and mechanical stresses across the plasma membrane (DuFort et al., 2011). As integrins also regulate signalling pathways, they are positioned to transduce physical forces into chemical signals. Integrin-mediated tumor invasion is regulated by localization and activity of matrix-degrading proteases, such as matrix metalloprotease 2 (MMP2) and urokinase-type plasminogen activator (uPA). Integrin-mediated migration generally requires FAK and SFK signalling. Mechanical stimuli can open ion channels, alter proteins binding in focal adhesion and cause changes in cell morphology. Unfolding or stretching of molecules and the opening of ion channels under mechanical forces transduce a signal to downstream-signalling pathways. Some studies demonstrate a direct link between Rho/ Rock and TRP mediated signalling that illustrates that cross-talk exists between mechanical signalling via integrins and mechanosensitive ion channels.

3.1. Mechanotransduction in cancer

Mechanotransduction of physical signals to initiate intracellular signalling pathways are recognized in numerous cancer types through a broad range of mechanisms, for example, opening of ion channels, gene modulation, and protein production. Glentis et al. emphasized the central role that mechanosensing plays throughout the tumor metastasis (Glentis et al., 2017). Cancer-associated fibroblasts (CAF) are the most abundant stromal cells surrounding the tumor and play a role in tumor formation, progression, and metastasis (Labernadie et al., 2017). Calvo et al. showed that YAP function is critical for the establishment and maintenance of CAFs. YAP is important for many pro-tumorigenic functions of CAFs, including matrix stiffening, and invasion. (Calvo et al., 2013). Glentis et al. also demonstrated that CAFs isolated from colon cancer patients promote cancer cell invasion by interacting physically and remodelling basement membrane using mechanical forces such as pulling, stretching and softening the membrane (Glentis et al., 2017).

Cancer cells express mechanoreceptors such as integrins for increased sensitivity of ECM stiffness. Usual proteins in the
adhesion complex activate the Rho GTPase for cytoskeletal reorganiza-
tion. This process, on the other hand, leads to triggering YAP/TAZ for the production of cancer stem cells. The various steps pro-
posed for the production of these CSCs are proliferation, meta-

tasis, survival, and additional stiffness of the ECM. Another pro-
posed mechanism is the involvement of CAFs, which directly
transmit mechanical tension to cancer cells through N- and E-
cadherin heterophilic junctions for promoting invasion. Increased
stiffness in the ECM activates YAP inside the CAFs, which then pro-

The above three mechanisms indicate the clear link between mechanical signals and formation of drug resistant cancer stem cells, which require further studies.

During cell differentiation, a subpopulation of cells differenti-
ates into CSCs primarily due to oncogenic hit or initiation of onco-
genesis (Fig. 3). CSC are created from normal stem cells or
 stocks of cells within the tissues after mutations take place and are usually resistant to conventional treatments (Papaccio et al., 2017). It is hypothesised that these CSCs replicate indefinitely (Hao et al., 2013); initiate tumor formation and are resistant to chemotherapy (Zanconato et al., 2016b). Recent studies have shown that the mechanical properties of ECM and cell rigidity affect normal stem cell and CSC fate (Bissell and LaBarge, 2005; Gilbert et al., 2010). Stem cells including CSCs follow FAK/ phosphatidylinositol-3 kinase (PI3K)/Akt (also known as protein kinase B) pathway for cell signalling. The stem cells use contractile forces, that result in tenseile stresses in the cytoskeleton. Down-
stream signalling via the FAK/PI3K/Akt pathway then contracts
cytoskeletal reorganization in CSCs, and affects the cell shape and focal point interactions (Kallergi et al., 2007).

The involvement of FAK/PI3K/Akt pathway can be selective to certain types of cancer. For example, chemokine receptor 1 (CXC1), which is one of the key upstream mediators of FAK/PI3K/Akt, can be selectively targeted in vitro (Ginestier et al., 2010) by phosphorylation of the FAK. This selectivity results in activation of PI3K/Akt, which plays a vital role in mecha

4. Conclusion and perspectives

Cell stiffness is an important change that occurs in metastatic
cells. The changes to the ECM, integrins and overall cell mechanical process define the survivability of the cell. Studies have shown that measurement of cell stiffness is a potential biomarker for possible metastasis of cells. Thus, stiffness could be a possible early marker for cancer development. Measurement of cell stiffness may predict whether a cell is likely to undergo a metastatic process or not. Therefore, biomechanical methods to measure cell rigidity may become an important diagnostic method to predict cancer formation.

The earliest use of a mechanobiological property for cancer
diagnostics is the method of Magnetic Resonance Elastography (MRE) (Pepin et al., 2015). This technique utilizes the difference in rigidity between normal and tumor cells. Multiple cancer types including breast, brain, liver, prostate, uterus are scanned for contrast in the elasticity of the tumor or its microenvironment. In this technique, stress is applied to the tumor by mechanical waves. Images are taken during the subsequent deformation process. The difference in the corresponding mechanical property is correlated back to the difference in underlying tissue architecture. Despite the innate limitation of spatial resolution and the inability of MRE to resolve small tumors, this technique is one of the biggest examples, where mechanical changes of tissue are imaged for diagnostics application.

Another potential markers for cellular stiffness are the YAP/TAZ proteins (Gargalionis et al., 2018a; Panciera et al., 2017). Cancer cells sense cell rigidity with the help of integrins. Activation of integrins triggers the HIPPO pathway initiating the nuclear internal-
ization of YAP/TAZ proteins. Tracking this internalization may predict the potential cancer formation in cells. Tracking the YAP/TAZ internalization would be similar to an immunohistochemistry process. Sample collected with fine needle aspiration could be probed with YAP/TAZ specific antibodies and tested for their co-
localization with the nucleus. A similar approach could be followed for samples collected for histopathological examination post-
surgery. Internalization of YAP/TAZ could indicate the contrast between cancerous or benign tumours.

Circulating endothelial cells (CECs) have been reported as mark-
ers of cancer (Goon et al., 2006). However, CECs are not always specific to cancer but also represent vascular damage (Uta Erdruegger et al., 2010). CECs (Rahbari and Schölch, 2017) may have more prognostic significance in cancer than CTCs as they are phenotypically different (Cima et al., 2016). Measurement of the difference in cell rigidity would possibly tell that if the cells will undergo a metastatic transformation. Measurement of rigidity could possibility be performed using cell stretching devices providing external stress (Kamble et al., 2017). Co-localization of YAP/TAZ or estimation of MMPs (Wirtz et al., 2011) levels is also potential only options for differentiating normal cells with cancer cells. Proteomic or transcriptomic estimation of Rho, MMPs or Rac1 provides information on epithelial-to-mesenchymal transition (EMT) of cells.
Rho is upregulated in epithelial cells whereas MMPs and Rac1 are upregulated in mesenchymal cells (Friedl and Alexander, 2011). Recently, polycystins have also been reported as mechanotransducer molecules in cancer. Their role is largely undefined. However, their co-internalization with TAZ has been reported (Gargaloni et al., 2016). The interaction of these molecules with both oncogenes and/or tumor suppressor genes has been reported. Further investigation with these molecules may determine if they could serve as an early marker for cancer diagnostics.

Understanding the overall mechanosensing properties of cancer cells can also lead to better drug discovery or regulate patient’s response to anti-cancer treatment. Involvement of YAP/TAZ in various aspects of cancer mechanobiology makes them exciting targets for cancer drug development. Moreover, the involvement of the Hippo pathway in the proliferative potential, drug resistance and metastasis of cancer cells should also be explored. The main component of the Hippo pathway YAP has recently been shown to function as both a protooncogene and a tumor suppressor (Broders-Bondon et al., 2018; Moroishi et al., 2015). There is potentially a correlation between mechanotransduction pathway and CSCs. Mechanical stimulation influences cancer growth and the biomechanical pathway (FAK/PI3K/Akt) pathway influences CSC activity, potentially elucidating newer pathways for the treatment of drug resistance cancer (Ginestier et al., 2010; Vara et al., 2004).

In conclusion, understanding cell stiffness and mechanosensing molecules in cells and ECM are essential for discovering possible biomarkers of cancer. The added benefit of these markers is their predictive role as compared to diagnostic or prognostic markers currently employed clinically. We have previously described the different methods to induce strain to cells (Kamble et al., 2016a; Kamble et al., 2016b; Kamble et al., 2017). However, further research to measure the rigidity of cells in relation to cancer would lead to new predictive biomarkers for cancer. In addition to diagnostic applications, measurement of cell rigidity and mechanobiological parameters may indicate their likelihood for differentiation into cancer. Measurement of these parameters may also predict if the cancer cells will become drug resistant. In this respect, our cell stretching technology may also be used as a tool for drug development.

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Conflict of interest

The authors declare no conflict of interest.

References


